

THE WOODLANDS CENTRE, RUSTINGTON YOUTH CENTRE AND SAMUEL WICKENS CENTRE

Organisations and Activities Taking Place on a Regular Basis

THE WOODLANDS CENTRE

Age UK Daybreak Dementia Activity Group	Weekly	Ms L Harwood (Co-ordinator) - 07563 383 047
"" "" ""		Mr C Rayner (Manager) - 07904 977 251
Alzheimer's Society Carers Support Group	Monthly (as advertised)	Dementia Connect - 03331 503 456
Arun Antique Collectors Fair	Monthly, 1st Sunday (10.00 am-3.30 pm)	Ms T Esfahani - 07563 589 725
The Arts Society Arun	Monthly, 3rd Tuesday (morning)	Ms M Bell - 01903 776 745
Arun East u3a		All enquiries - 07849 633 750
Curling	Monthly, 1st & 3rd Tuesday (afternoon)	"" "" ""
Duplicate Bridge	Weekly, Monday (afternoon)	"" "" ""
History Lectures	Monthly, 1st Thursday (afternoon)	"" "" ""
Line Dancing	Weekly, Wednesday (morning)	"" "" ""
Line Dancing	Weekly, Thursday (morning)	"" "" ""
Monthly Meetings	Monthly, 3rd Wednesday (afternoon)	"" "" ""
Photography Group	Bi-monthly, 3rd Thursday (afternoon)	"" "" ""
Diamond Dance - Freestyle Party Dance	Monthly, Friday (evening as advertised)	Sue Diamond-Levy - 07500 898 283
Little Explorers Pre-School	Monday to Friday (morning) (term time only)	Mrs T Howman - 07774 909 369
Rustington Heritage Association	Monthly, 2nd Thursday (afternoon)	Sheila Marsden - 01903 770 415
Rustington Horticultural Association	Seasonal Shows	Secretary - 01903 721 930
Rustington Players	3 Productions per year	Mrs J Onslow - 07747 846 768
Rustington Short Mat Bowls Club	Weekly, Wednesday (evening)	Mrs L May - 01903 772 849
"" "" ""	Weekly, Tuesday & Friday (morning)	
Rustington W.I.	Monthly, 3rd Tuesday (afternoon)	Mrs J Everett - 01903 784 047
Theatre Academy Studios	Weekly, Friday (evening) (term time only)	Tilly Ford - 07983 584 792
Rustlers - Line Dance Club	Weekly, Monday (evening)	Ron Tate - 07776 222 417
Woodlands Table Tennis Club	Weekly, Tuesday (evening)	Barbara Bayford - 01903 773 306
"" "" ""	Weekly, Thursday (evening)	Alan Gess - 01243 554 179

RUSTINGTON YOUTH CENTRE

Arun East u3a - Yoga	Weekly, Monday (afternoon)	All enquiries - 07849 633 750
Virtuoso Dance Company	Weekly, Saturday (morning)	Hayley Gentry - 07506 753 114

SAMUEL WICKENS CENTRE

Arun East u3a - Ukulele Group	Monthly, 2nd & 4th Thursday (afternoon)	All enquiries - 07849 633 750
Rustington Platinum Club	Monday to Thursday (various times)	Annet Ziraba - 07877 253 470

**Also available for: Wedding Receptions, Birthday and Children's Parties,
Table Sales, Fashion Shows, Business Seminars**

**For Further information please call Rustington Parish Council
Telephone: 01903 786 420 or Email: enquiry@rustingtonpc.org**